

International Ströck ATUS Graz Trophy 2019

April 26th – 28th, 2019

Graz, Austria

Indoor Pool Eggenberg/Auster

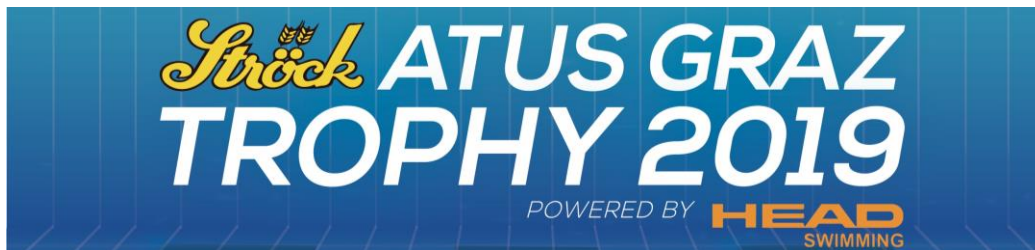
(50 m Pool)

Venue: Indoor Pool, Graz Eggenberg /
Auster, Janzgasse 21, 8020 Graz;
Competition course: 50m, 10 / 10 (Finals) lanes,
water temperature: 26° C,
electr. timing OMEGA.

Qualifikation Possibility for inter. Events!

Coaches meeting will be held on **April 25th 2019, 7pm in Auster Swimming complex**. Last minute information about competition procedure, entry fee transaction and cancellations will be given during this meeting.





NEW

There will be another 30 minutes possibility to warm up after the four fastest heats of the morning session.

Competition will continue 40 minutes after completion of the fastest heat.

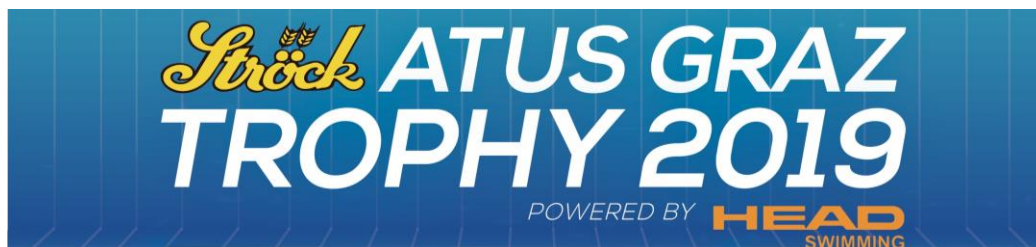
For warm up one lane will be reserved for backstroke starts and two lanes for pace swimming.

The 4x200 freestyle relays on Sunday evening will be replaced by 4x50 freestyle MIXED relays.

And also our younger participants get the possibility to take part in afternoon finals:

There will be A-finals for the 50m races for female age groups 2004-2009 (one age group) and male age groups 2003-2008 (one age group). These finals will take place before A-finals of the open class.

Also there will be 200m freestyle C-finals for female age group 2002 and younger and male age group 2001 and younger - for Austrian swimmers only. (Should some swimmer qualify also for finals in the open class, of course she/he is allowed to start there. In this case another participant slips into the C-final. Starting in both finals is not permitted.)



Competition schedule:

Friday, April 26th, 2019

Part 1:

Warm-up: 07.15 – 08.00 **Start of events:** 08.15

Events 1-10: Four fastest heats

Event 1:	Preliminary Heats	50m	backstroke	women
Event 2:	Preliminary Heats	50m	backstroke	men
Event 3:	Preliminary Heats	100m	breaststroke	women
Event 4:	Preliminary Heats	100m	breaststroke	men
Event 5:	Preliminary Heats	200m	freestyle	women (max. time 3:00)
Event 6:	Preliminary Heats	200m	freestyle	men (max. time 3:00)
Event 7:	Preliminary Heats	100m	butterfly	women
Event 8:	Preliminary Heats	100m	butterfly	men
Event 9:	Preliminary Heats	200m	backstroke	women (max. time 3:15)
Event 10:	Preliminary Heats	200m	backstroke	men (max. time 3:15)
Event 11:	Time heats	400m	medley	women (max 7 heats)
Event 12:	Time heats	400m	medley	men (max 7 heats)
Event 13:	2 Time heats	800m	freestyle	women
Event 14:	2 Time heats	1.500m	freestyle	men

Friday, April 26th, 2019

Part 2:

Warm-up: 16.00 – 16.45 **Start of events:** 17.00

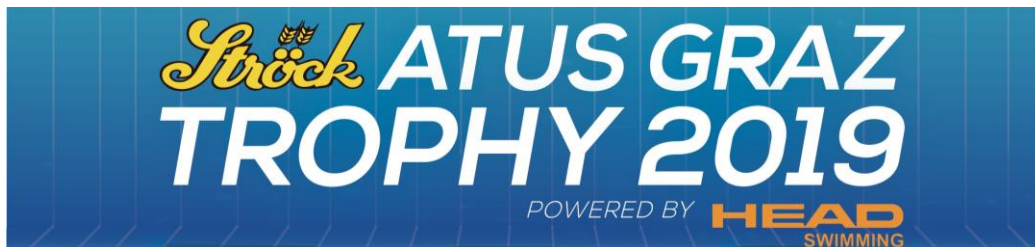
Events 1-10 B and A finals

Events 11-12 2 fastest heats

Events 13-14 3rd and fastest heat

Event 15: Time heats 4 x 100 m freestyle relay women

Event 16: Time heats 4 x 100 m freestyle relay men



Saturday, April 27th, 2019

Part 3:

Warm-up: 07.15 – 08.00

Start of events: 08.15

Events 17-26: Four fastest Heats

Event 17	Preliminary Heats	50m	freestyle	women
Event 18	Preliminary Heats	50m	freestyle	men
Event 19	Preliminary Heats	200m	breaststroke	women (max. time 3:40)
Event 20	Preliminary Heats	200m	breaststroke	men (max. time 3:40)
Event 21	Preliminary Heats	100m	backstroke	women
Event 22	Preliminary Heats	100m	backstroke	men
Event 23	Preliminary Heats	200m	butterfly	women
Event 24	Preliminary Heats	200m	butterfly	men
Event 25	Preliminary Heats	400m	freestyle	women (max 8 heats)
Event 26	Preliminary Heats	400m	freestyle	men (max 8 heats)

Saturday, April 27th, 2019

Part 4:

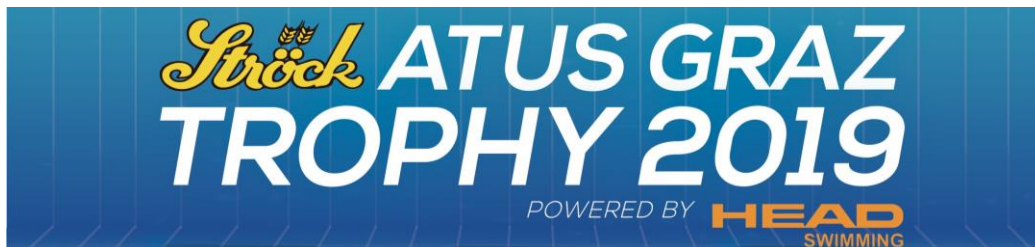
Warm-up: 16.00 –16.45

Start of events: 17.00

Events 17-26 B and A finals

Event 27: Time heats 4 x 100 m medley relay women

Event 28: Time heats 4 x 100 m medley relay me



Sunday, April 28th, 2019

Part 5:

Warm-up: 07.30 – 08.15 **Start of events:** 08.30

Events 29-36: Four fastest Heats

Event 29:	Preliminary Heats	50m	breaststroke	women
Event 30:	Preliminary Heats	50m	breaststroke	men
Event 31:	Preliminary Heats	50m	butterfly	women
Event 32:	Preliminary Heats	50m	butterfly	men
Event 33:	Preliminary Heats	100m	freestyle	women
Event 34:	Preliminary Heats	100m	freestyle	men
Event 35:	Preliminary Heats	200m	medley	women
Event 36:	Preliminary Heats	200m	medley	men
Event 37:	1 Time heat	1500m	freestyle	women
Event 38:	2 Time heats	800m	freestyle	men

Sunday, April 28th, 2019

Part 6:

Warm-up: 15.00 – 15.45 **Start of events:** 16.00

- Events 33 and 34: B and A finals
- Event 37: 1 Heat 1.500m freestyle women (fastest registration times qualify)
- Event 38: 1 Heat 800m freestyle men (fastest registration times qualify)
- Events 29-32: B and A finals
- Events 35 and 36: B and A finals
- Event 39: Time heats 4 x 50 m freestyle relay MIXED

Strock ATUS GRAZ TROPHY 2019

POWERED BY HEAD SWIMMING

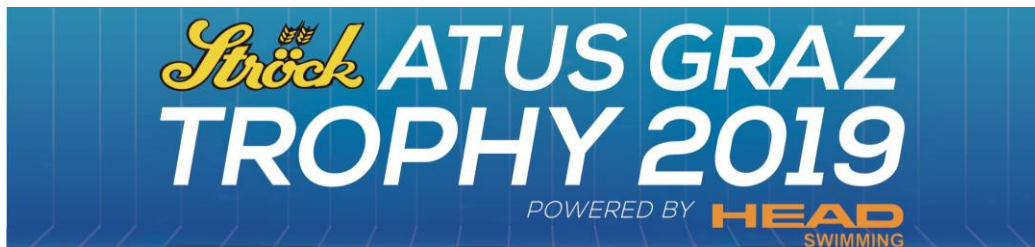
	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
W A R M U P P L A N	B A C K S T R O C K E S T A R T	P A C E	P A C E	W A R M U P	W A R M U P	W A R M U P	W A R M U P	W A R M U P	W A R M U P	S T A R T
	0	1	2	3	4	5	6	7	8	9
	Lane	Lane	Lane	Lane	Lane	Lane	Lane	Lane	Lane	Lane

0	Backstroke Start
1	Pace
2	Pace
3	Warm Up
4	Warm Up
5	Warm Up
6	Warm Up
7	Warm Up
8	Warm Up
9	Start

In the first 15 minutes you can swim on all 10 lanes

After that the tracks will be according to plan made available

You're welcome to take that into account.



General conditions:

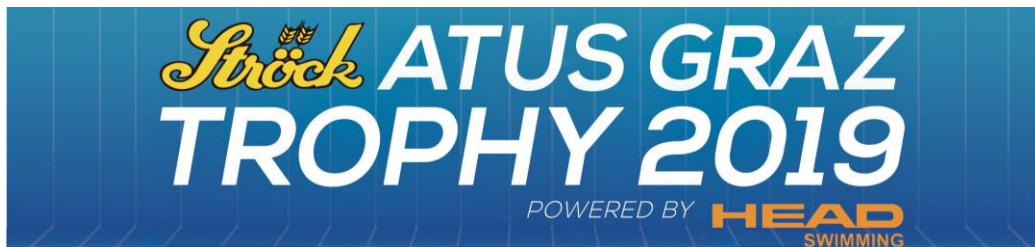
- 1.) The Atus Graz Trophy in Swimming will be held under the Rules of FINA and the Rules of the AUSTRIAN SWIMMING FEDERATION.
- 2.) The Atus Graz Ströck Trophy in Swimming will take place in GRAZ, AUSTRIA on April 26th to 28th, 2019.
- 3.) The competition will be held at the 50 m indoor pool of Sport complex Eggenberg, GRAZ, Austria with 10 lanes preliminary and 10 lanes in the final. The preliminary heats will be held in the morning session, in the afternoon the best twenty swimmers with the fastest times will compete in the B and A-Finals.
- 4.) The competition is open for all swimmers, the entry fee will be Euro (€) 6,50 each start and (€) 10,00 each Relay. There will also be some special invitations for national federations.

During the event, photographs and film shots may be produced in the swimming pool on behalf of ATUS GRAZ. The participants of this public event expressly consent to the use and publication by ATUS GRAZ by submitting the registration.

In the event of differences between the English and the German text, the German text shall prevail.

Liability:

The organizer and other persons involved in the event are not liable for accidents, injuries or damage to a person or thing, whatever the cause. The legal guardian (parents) and the club are informed about health and other dangers and circumstances associated with the competition and expressly confirm with the registration that the participation in the event is at own risk and responsibility, and that no claims whatsoever are made against the organizer or other persons involved in the event. With the registration, the competition regulations and organizational regulations, including any changes that may have become necessary, which have been published by e-mail at the latest two working days prior to the registration deadline, will be acknowledged.



Events (Women and men):

Freestyle	50m, 100m, 200m, 400, 800m, 1.500m
Breaststroke	50m, 100m, 200m
Backstroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Medley	200m, 400m
Relays	100m, 200m Freestyle and 100m Medley

Settings are made according to registration times. The results of the heats are classified into five women's and five men's age groups:

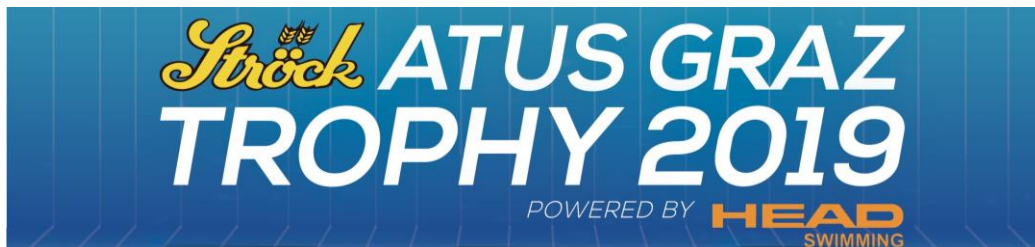
Women	Men
Open	Open
`01 `02 and `03	'00 `01 and `02
'04 and `05	'03 and `04
'06 and `07	'05 and `06
`08 and `09	'07 and `08

5.) The first three swimmers of each event (each relay) will be awarded with medals, the best Performance (adding the three best results of each contestant) in open class for women and men according to the FINA comparative tables will be awarded with following money:

- 1st place € 800,-**
- 2nd place € 500,-**
- 3rd place € 300,-**
- 4th place € 200.-**
- 5th place € 100.-**

Prize money will not be forwarded





Not having the time to hold victory ceremonies for every age group the medals will be given to the first three swimmers of each age group on a board to picking up winners. The victory ceremony for the **open category** are held after the A finals of each competition in the afternoon.

Entry fee:

€ 6,50- each start and € 10,00- each Relay

Payment:

Bank transfer

Bank details:

ATUS Graz

Hypo Steiermark

IBAN: AT27 5600 0201 4118 4831

BIC: HYSTAT2G

Registrations:

Martin Heger

Oberklammer Straße 59

4203 Altenberg

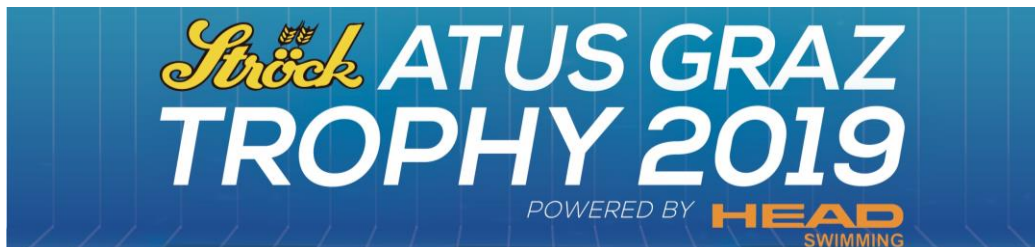
mail: events@msecm.at

tel: 0043 660-3760565

fax: 0043 660-33 3760565

For electronic registration please mail to Martin Heger (events@msecm.at) and ask for a LENEX file or download the file from www.msecm.at. For EXCEL registrations please use the sample on this homepage. Registrations can also be made via internet on www.cis-online.net. Results of the event will be available as LENEX file and can also be send as DSV files. For further questions please contact Martin Heger (Tel: 0043 660-3760565 , E-mail: events@msecm.at).





To ensure high quality in terms of organisation we kindly ask you to enter exclusively the best times achieved within the last 12 months on a 50m lane.

Preliminary Entry Form: **April 16th, 2019**

Final Entry Form: **April 16th, 2019**

Registrations beyond the deadline will not be considered.

Training possibility: Thursday, April 25th, 2019 from 16.00 to 19.00

Coaches meeting:

The meeting will be held on April 25th, 2019 at 19.00 at the Indoor pool Eggenberg. Officials will receive final information and instructions concerning schedule, fees and cancellations.

Results

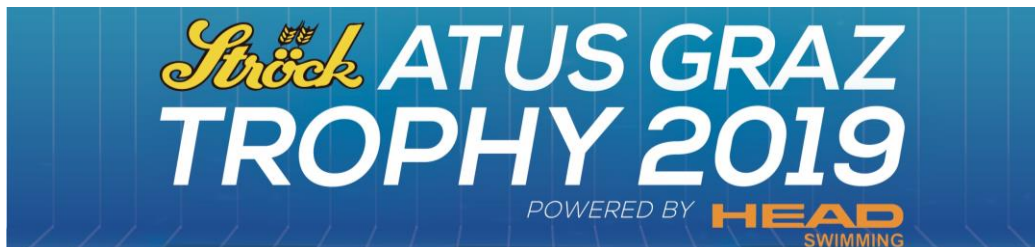
Results can be downloaded from www.msecm.at.

6.) The participating clubs and teams are responsible for transport and accommodation costs, information for hotels may be given by the ATUS Graz Swimming Club or by Tourismus Info Graz
Tel. 0043/316/8750
Email: info@graztourismus.at
www.graztourismus.at

Information

Swimming Club
ATUS Graz (Werner Sauer/Chef of the Event)
Gartenstrasse 23, 8793 Trofaiach, Austria
Phone +43-676-4479829
Fax
E-Mail: trophy@atus-graz.com





Hotels with special offers:

Hotel Bokan Exklusive ****

Mainersbergstraße 1, 8051 Graz

Tel.: 0043 316 571434

Fax. 0043 316 571434 75

Email: office@bokan-exclusive.at

Fees: (Ströck-Meeting ATUS Graz)

€ 43.- inkl. Frühstück/Breakfast 2-3 Bettzimmer

€ 62.- inkl. Frühstück/Breakfast Einzelzimmer/Single Room

Halbpension € 12.- / Vollpension € 23.-

Pro Person / each Person

Austria Trend Hotel Europa *****

Bahnhofgürtel 89, 8020 Graz

Tel.: +43 (316) 70 76-601

Fax.: +43 (316) 70 76-606

Email: europa.graz@austria-trend.at

Fees: (Ströck-Meeting ATUS Graz)

€ 69.- inkl. Frühstück/Breakfast im Einzelzimmer /Singleroom

€ 86.- inkl. Frühstück/Breakfast Doppelzimmer

€ 18.- Halbpension

Preis pro Zimmer/Nacht inkl. Frühstück

With nice greetings!
ATUS Graz Swimming Club
Werner Sauer